



Solid Wood Kitchen Cabinet Kit: Step-by-step painting guide.

*The surface **must** be free from all traces of oil, grease and dirt. Failure to remove contaminants, even at a microscopic level, could negatively affect the performance and the appearance of the paint.*

Step 1: Cleaning the Cabinets

Start by removing the handles from your cabinets and masking off any areas you want to protect from paint. Then, clean the cabinets with Painter's Prep, a product designed to remove dirt, grease, oil, wax, and other residues from the surface.

Step 2: Sanding

Once the cabinets are spotlessly clean, use the Axus Decor Ceramic Blocks to sand the surface. This step helps to smooth out any imperfections and further improves adhesion.

Top Tip

Always sand in the direction of the wood grain to ensure a smooth finish.



Step 3: Dust Removal

After sanding, remove dust with a damp cloth to catch the bulk of the particles. For thorough cleaning, follow up with the Pro Tac Cloth, ensuring you reach every crevice. Many people find it helpful to use a soft Hoover attachment before using the Pro Tac Cloth for an extra step in dust removal.

Step 5: Priming the Surface

Next, apply the primer to prepare the cabinets for painting. Use Otex Adhesion Primer and apply it evenly with the Zibra brush. Allow 16 hours for primer to dry.



Top Tip

Before you start, wash your rollers and gently dry them with a cloth. Your roller should still be slightly damp before use to help with smooth application.

Step 6: Applying First Topcoat

Once the primer has dried, it's time to apply Helmi 30. Always begin painting in the middle of the wood to help lay off any excess paint. Allow 16 hours for the first topcoat to dry.

Top Tip - Intercoat sanding

Lightly sand between coats. This helps to smooth out any imperfections and ensures that each layer adheres well to the previous one. Use a clean Pro Tac Cloth to remove any dust before applying the next coat for a flawless finish.

Step 6: Applying Second Topcoat

Apply a second coat of Helmi 30 once the first coat has fully dried, using the same technique for an even, consistent finish. If necessary, a third coat can be applied for additional coverage. The paint will dry within 2-3 days, making the kitchen usable again. However, full hardness will take up to 4 weeks, so avoid using any harsh cleaners during this period to protect the finish.

Happy Painting! If you have any questions regarding this please get in touch with us on Instagram at @Carlowpainthub.

Kate & Team